



# cycle safe

**RENT A Cycle Locker**  
on a long-term basis  
For only £1 per week,  
rent a cycle locker  
on a long-term basis

**FREE Cycle Lockers**  
at Lucy Tower Street  
£1 required as a  
deposit for key. Eight  
hours maximum stay

# cycle safe

for further details contact

Operations Manager  
Lincoln Business Improvement Group  
Sibthorpe House  
351-355 High Street  
Lincoln LN5 7BN

t 01522 545 233 f 01522 545 833  
e [cycling@lincolnbig.co.uk](mailto:cycling@lincolnbig.co.uk)  
[www.lincolnbig.co.uk](http://www.lincolnbig.co.uk)



**Long-term Cycle Lockers**  
Renting a locker long-term for £1 per week makes good sense, as you will always have somewhere safe and dry to store your bike and helmet.  
email [cycling@lincolnbig.co.uk](mailto:cycling@lincolnbig.co.uk) for more details

**Maps & Routes**  
For maps and cycle route information, please go to:  
  
[www.lincolnshire.gov.uk](http://www.lincolnshire.gov.uk)  
[www.sustrans.org.uk](http://www.sustrans.org.uk)  
[www.cyclelincs.org.uk](http://www.cyclelincs.org.uk)  
[www.cycle-routes.org](http://www.cycle-routes.org)



one of Lincoln's purpose-made cycle lockers



## keep your bike safe, get fit, travel free, have fun & be environmentally friendly

### fun

Just try it and see how much fun it is. You can make it a social ride to work by "buddying up" with another cyclist on the commute.

### saving time

No waiting in queues for the bus or faster than motorised traffic one can be, cycling at an average of just ten miles an hour - cutting through the congestion you will arrive on time.

### independence

Saying goodbye to grid-locked traffic. On a bike you can be flexible and spontaneous, make an unplanned visit to a shop, a park, meet a friend, etc.

### reliability

Once you have researched and tried your route, you will find that your journey time is predictable. Lincoln has a growing network of cycle routes which enable you to avoid traffic.

# cycle2work & keep your bike secure in Lincoln City Centre

## cycle safe



Lincoln has a growing network of cycle routes and there are some really great reasons for cycling to work.

As this is an ever-increasing way of commuting to work in Lincoln, there are now safe and secure purpose-made cycle parking stands and lockers situated across the city centre available to you.

### health and fitness

Gentle, regular exercise - just 20 miles a week can halve the risk of heart attack. You will arrive at work with a clearer head, ready to go without the need of a coffee pick-me-up. Longer term you could expect to firm up, lose weight and improve your heart rate.

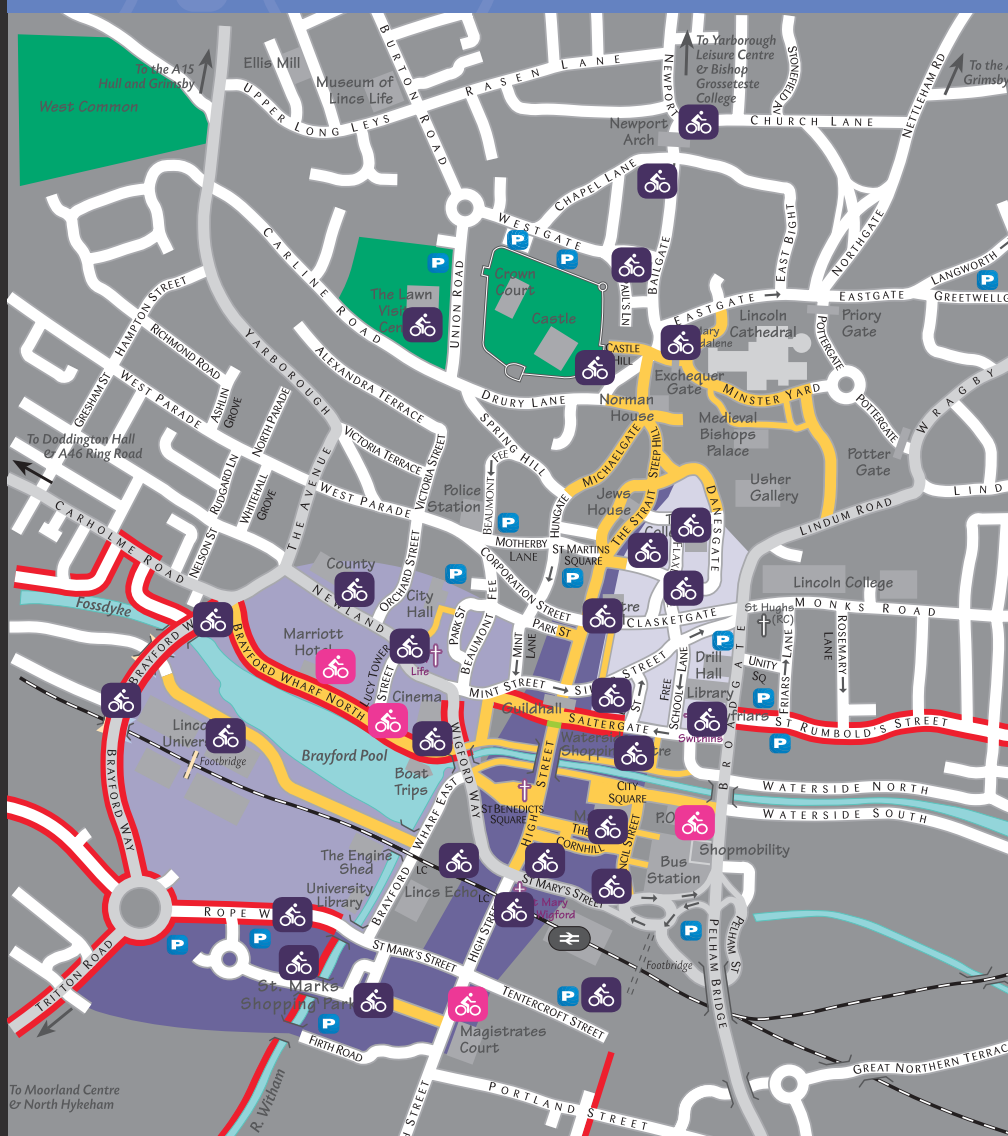
### lower travel costs

If you are spending as little as £1.20 a day on fares or petrol, changing to cycling could save over £200 a year - money which can be spent on other things. If the commute costs more the savings are even bigger!



## keeping your bicycle safe

- ▶ always lock your bicycle, even if you are just leaving it for a couple of minutes
- ▶ avoid isolated places, leave your bike where it can be seen
- ▶ hardened steel D-shaped locks are recommended as the minimum lock standard, check out Sold Secure for certified locks, or ask your local bike shop
- ▶ lock your bike to an immovable object - a bike rack or ground anchors; thieves can remove drainpipes and lift off signposts
- ▶ **BEST OF ALL** - put your bike in one of Lincoln's purpose-made Cycle Lockers



## cycle routes & cycle parking locations

See the map above for the location of the cycle parking stands, secure cycle parking lockers and cycle routes.

- cycle parking stands
- secure cycle parking lockers
- cycle routes
- restricted cycle routes between 10am & 4pm

cycle2work... why not give it a go!